

ASSOCIATION NEWS: CMC

Monday, March 5, 2018

Why kindness matters to a community

“Do your little bit of good where you are; it’s those little bits of good put together that overwhelm the world.”
- Desmond Tutu

The concept of kindness can seem simple, but it leads to powerful experiences and profound human connections. On Feb. 7, the CMC forum will feature a discussion on why kindness matters to a community — how it not only creates positive interactions, but also resiliency and strength for individuals and the communities where they live. Speakers will be Rocky Grimes, founder, Heart of Unlimited Boundaries, Dwight Smith, chairman and CEO, Sophisticated Systems and founder, My Special Word and Kathryn Krendl, president, Otterbein University. Kelley Griesmer, SVP and manager of The Walter Family Foundation, The Columbus Foundation, will moderate the discussion. The mission of the Kind Columbus initiative, an effort led by The Columbus Foundation, is to build community through acts of unconditional kindness. By amplifying and enabling empathetic and

compassionate actions, Kind Columbus wants to create a ripple effect of kindness that continuously inspires and fuels community members to do more good for each other and the community at large. With grants from their foundation, Bob and Peggy Walter are helping to create the Kind Columbus initiative. Explaining his passion for spreading contagious kindness, Bob Walter said, “I think what we’re trying to do is to get people to be kind every day and to be thinking about that in every social situation, not just in a crisis ... we have a responsibility to help lift other people up because we all have been lifted up.” Grimes and his family share a safe go-kart driving experience with differently abled teens and young adults. Leaving his successful corporate career several years ago, he has found a way to bring joy and happiness to families. He explains in his video (a must-see) on his website, “You can’t put into words when you see what both the individuals, and their parents experience. My favorite part is to look back and see the joy in their eyes.”



Dwight Smith



Kathy Krendl



Rocky Grimes



Kelley Griesmer

Smith realized the power of words and created My Special Word, an organization that helps youth develop their best selves by internalizing their own special word. Otterbein University, under the leadership of Dr. Krendl, initiated Otterbein Kindness Matters. From #OtterbeinKindnessMatters to Pop Up Kindness Think Tank, the

Westerville university is teaching and promoting kindness. CMC forums are frequently aired on the Ohio Channel via WOSU digital and Columbus Television at channel 3 on Insight and Time Warner and channel 99 on Warner, WOW and AT&T U-Verse. For schedule details, visit ctv.columbus.gov.

February 21 Forum

State of Downtown

Featuring Cleve Ricksecker, President, Capital Crossroads and Discovery District Special Improvement Districts, Marc Conte, Deputy Director of Research, Planning & Facilities, Laura Koprowski, Vice President Government Affairs and Strategic External Communications, COTA, Branden Givand, Founder, Flying Gent, Michael Tomko, president, Tomko Company Sponsored by The Robert Weiler Company, Edwards Companies, COTA



Photos by Rick Buchanan

CMC Member Relations Debby Rosenthal, speaker Michael Tomko, from sponsor COTA Belinda Taylor, speakers Laura Koprowski, Cleve Ricksecker, Mark Conte, Branden Givand, from sponsor Robert Weiler Company Ty Patillo and from CMC Board Kermit Whitfield.



Columbus Public Library's CEO Patrick Losinski along with the library's Director of Marketing Gregg Dodd along with Michael Carroll from COTA.



Speaker Cleve Ricksecker with Dustin Speakman, Pearl Market Manager in the back, with Lisa Fry, Continental Realty, Lisa Defendieffer, Kacey Brankamp and Cass Freeland from the Capital Crossroads SID and Discovery SID in the front.



Christina Wendell and Stephanie Galloway, COTA



Nikki Scarpitti, Columbus Metropolitan Library, Christina O'Keefe, Mid-Ohio Regional Planning Commission and Alison Circle, CML.

Columbus Metropolitan Club

– Calendar of Events –

This Week

Wednesday, March 7
White Lies: The Truth about Segregation in America
Featuring **Richard Rothstein**, author, *The Color of Law: A Forgotten History of How Our Government Segregated America*. Conversation to follow with **Lawrence Funderburke**, former OSU and NBA basketball star, author of “Sociopsychonomics,” **Noceeba Southern**, Administrative Law Judge with host **Tim Feran**, Journalist, *The Columbus Dispatch*
Sponsored by United Way of Central Ohio
With Support from Dispatch Media Group
In partnership with the Ohio Civil Rights Commission

Upcoming

Wednesday, March 14 (rescheduled from Feb. 7)
Why Kindness Matters
Featuring **Dwight Smith**, chairman and CEO, Sophisticated Systems and founder, *My Special Word*, **Kathryn Krendl**, president, Otterbein University, **Rocky Grimes**, founder, *Heart of Unlimited Boundaries (HUB)*, and moderated by **Kelley Griesmer**, SVP, Manager, *The Walter Family Philanthropy of The Columbus Foundation*
Sponsored by State Auto

Two-part discussion on cyberbullying
WATCH Tuesday, March 20, 9:00 – 10:00 p.m.
Live broadcast Town Hall at WBNS-10TV Studios
Journalist and News Anchor **Scott Light** will host a Town Hall at the WBNS studios about cyberbullying.

Followed by Part TWO
Wednesday, March 21
Anti-Social Media, A Cyberbullying Crisis
Journalist and News Anchor **Scott Light** will continue the discussion at CMC
Panelists to be announced

Wednesday, March 28
Depending on the Weather....
Featuring meteorologists from WBNS, WCMH and WSYX
Dave Mazza, WCMH, **Marshal McPeak**, WSYN, **Mike Davis**, WBNS10-TV.
Weather as the unknown variable impacts businesses, schools and our daily lives from a snow day to extreme temperatures

On the Horizon

Wednesday, April 4
The Harlem Renaissance: A Year-long Celebration
Featuring **Larry James**, managing partner, *Crabbe Brown & James* and arts supporter, **Nannette Maciejunes**, executive director, *Columbus Museum of Art*, **Yohannan Terrell**, CEO/Partner at *Warhol & WALL ST.* Marketing Director, *Harlem Renaissance*, hosted by **Tom Katzenmeyer**, president & CEO, *Greater Columbus Arts Council*

FRIDAY, May 18
Navtej Sarna, Ambassador of India to the United States
In partnership with the Columbus Council on World Affairs and Greater Columbus Sister Cities International

CMC forums are held at the Boat House at Confluence Park, 679 West Spring Street, Columbus, OH 43215. Free parking. Check-in for forums is at 11:30 a.m. with lunch served at noon. The program concludes at 1:15 p.m. and guests are encouraged to continue the conversation in the lobby with coffee and cookies. CMC members, the deadline for early-bird registration, \$22 is Friday at midnight, prior to the standard Wednesday luncheon forum. Pre-paid reservations are required. The price is \$25 for CMC members; \$35 for CMC members' guests; and \$45 for the general public. Reservations can be made online at www.columbusmetroclub.org or by calling (614) 464-3220 ext. 1. Anyone requesting additional information may contact Jane Scott, President and CEO; Andrew Campbell, Vice President of Programming; Debby Rosenthal, Vice President of Member Relations and Marketing, or Lanie Cuthbert, Event Coordinator.

RE-TWEETS FROM THE FEBRUARY 21 CMC FORUM – @CMCFORUM

Great stats and conversation about downtown Columbus today at @cbusmetroclub! So excited that we are members of CMC. #cypclub #citypulsecolumbus – at The Boat House – Columbus Young Professionals

Timely update on the progress and challenges of downtown development at today's #cbusforum at @cbusmetroclub. Lots of momentum and still more opportunity! —Aaron Pitcock

Exited for #cpass to begin so more people can save money, get more physical exercise, and even meet others on the bus!

@Flying Genet: the heartbeat of any city is its downtown; just think of how Columbus is show in picture – by the skyline! That's why @DTColumbusmatters. #cbusforum

Cleve says we learn #civility in public places (shared, comment experiences). So we should take advantage of things like @COTABus and @CbusMetroParks! #cbusforum —Kelly Atkinson